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OCCUPATIONAL HEALTH AND SAFETY STANDARDS



What is OHS?

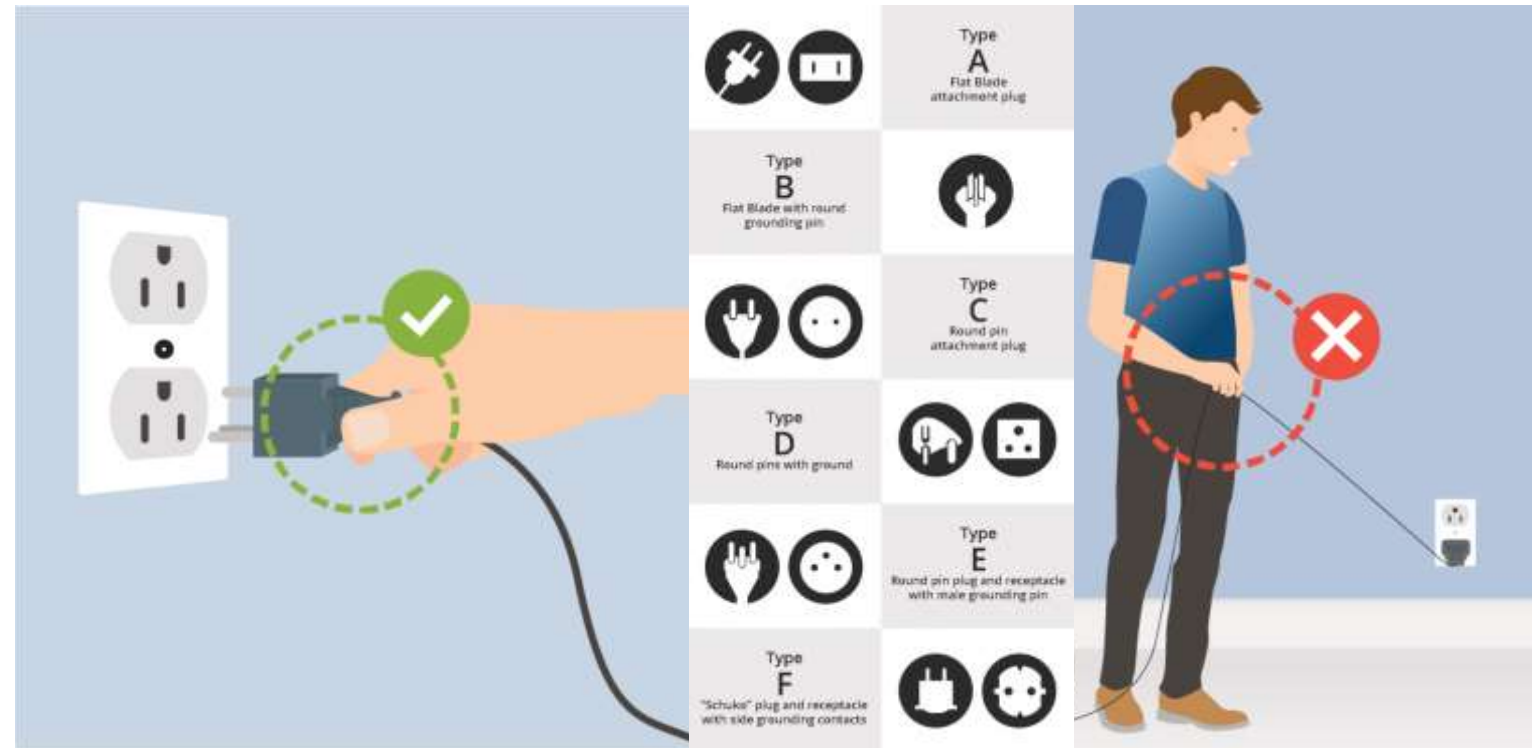
- Occupational Health and Safety Standards
- refers to the legislation, policies, procedures and activities that aim to protect the health, safety and welfare of all people at the workplace

What is PPE?

- Personal Protective Equipment
- equipment that will protect the user against health or safety risks at work

#1

OHS POLICIES



- Always power off the computer and unplug the computer before working on it.
- Always pull the cable connector on the handle and not on the cable itself

#2

OHS POLICIES



220 VOLTS / 60 HZ



TYPE C EUROPEAN CEE 7/16
EUROPLUG WALL OUTLET

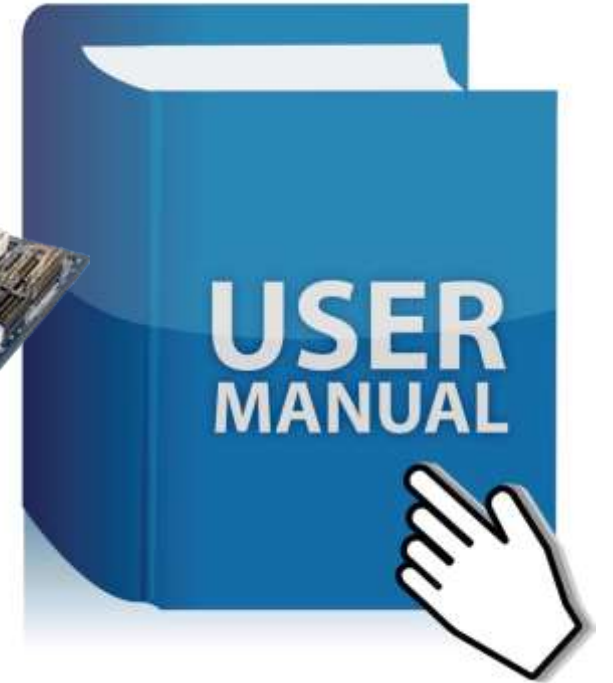


TYPE A NORTH AMERICAN
NEMA 1-15 WALL OUTLET

- Make sure that your power supply is set to the correct voltage in your area

#3

OHS POLICIES



- Before installing the Motherboard and adding a device on it, carefully read the entire manual that came with the package

#4

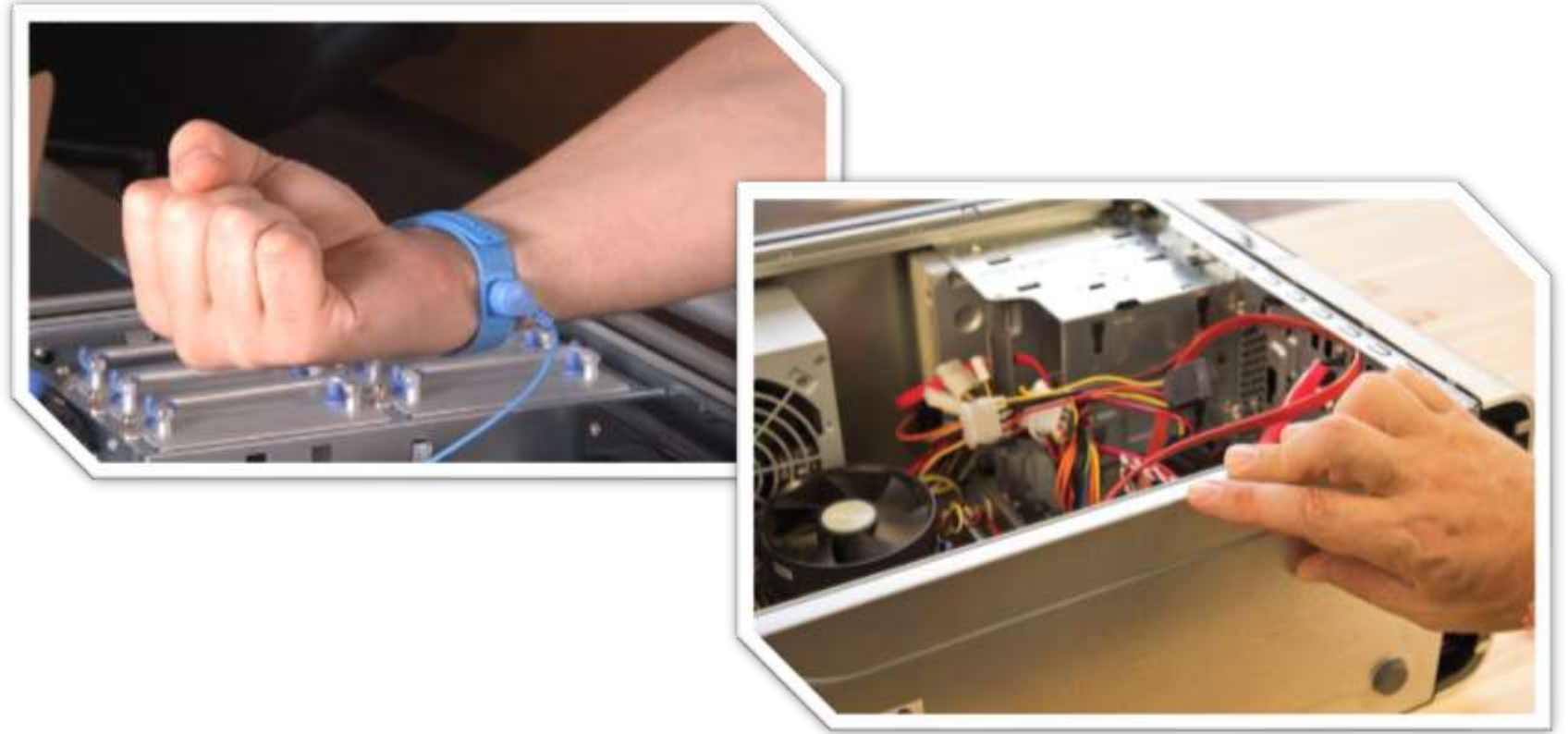
OHS POLICIES



- Avoid dust, humidity, and temperature extremes. Do not place the product in any area where it may become wet

#5

OHS POLICIES



- Always ground or discharge yourself before touching any part of the computer

#6

OHS POLICIES



- Do not work alone so that there's someone who can take care of you in case of accident or emergency.

#7

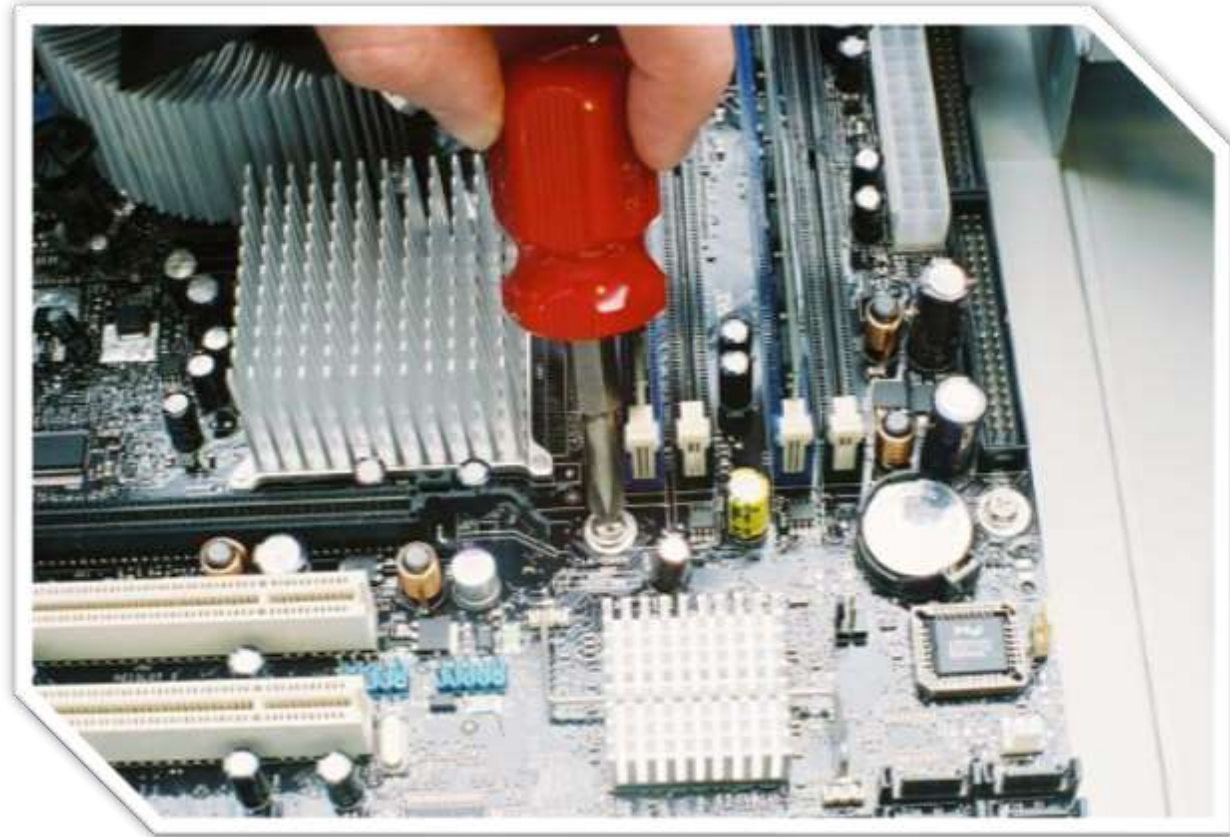
OHS POLICIES



- Be careful with the tools that may cause short circuit.

#8

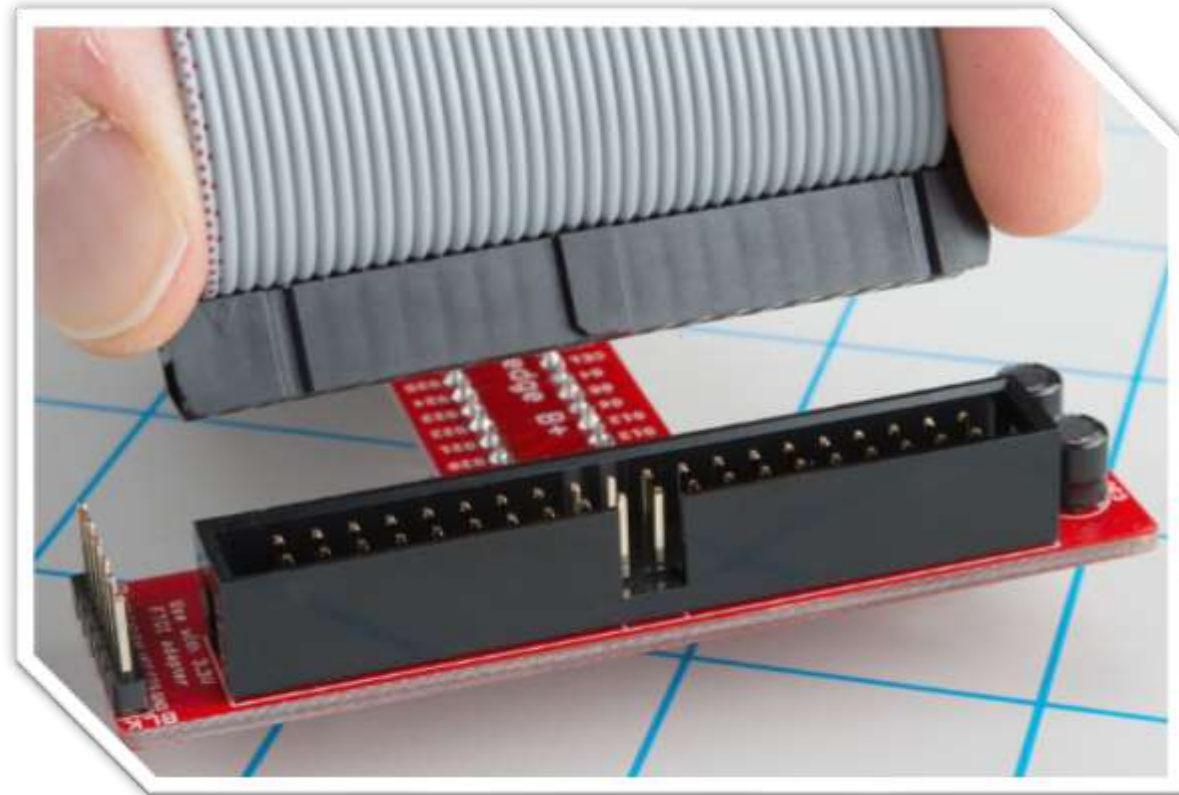
OHS POLICIES



- Do not use excessive force if things don't quite slip into place.

#9

OHS POLICIES



- Make sure that the pins are properly aligned when connecting a cable connector.

#10

OHS POLICIES



- Take away any liquid such as mineral water or soft drinks near your working area or near computers.

#11

OHS POLICIES



- Always wear personal protective equipment (PPE) in accordance with the organization's OHS procedures and practices.

#12

OHS POLICIES



- Clean the area before and after using it to maintain sanitation and prevent accidents.

#13

OHS POLICIES



- Contingency measures during workplace accidents, fire and other emergencies are recognized.

SAFETY PRECAUTIONS



Safety matters

SAFETY PRECAUTIONS

1. Do not place any combustible materials near the power outlet.
2. Avoid using power cord with defects such as loose contacts and exposed conductors.
3. Avoid using connecting wires with exposed conductors.
4. Do all the wiring connection inside the computer system with the
5. power off.
6. Check the proper connections before turning the circuit power on.
7. Remove any jewelry, which is conductive.
8. Check your measuring instruments for proper voltage, current, resistance setting before making any measurement.
9. Refer to the mother manuals for its proper jumper setting and connection.

Additional Readings/ References



Occupational Safety and Health Standards

<http://www.oshc.dole.gov.ph/images/Files/OSH%20Standards%202017.pdf>

End of presentation



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